

Jewish Seniors Lunch & Program An Afternoon of Magic!



**Monday, March 25
12 - 2 p.m.**

Congregation Shaare Emeth
11645 Ladue Rd., 63141

Complementary
Valet Parking
Available

Please enter & park on the
South Side of the building.

Entertainment By:

Magical Fun: Magic & Comedy  MAGICAL FUN™

featuring

Laurence "Nothing Up My Sleeve" Levy

Join us for a magical afternoon!

Prior to the program, enjoy a lunch catered by Pasta House, including salad, bread, and your choice of either Chicken Marsala or Eggplant Parmigiano, served with a side of either tomato sauce pasta or Alfredo sauce pasta. Kohn's Hamentashen will be served for dessert! A gluten-free option is available by request. The entertainment will begin at 1 p.m. after lunch.

\$10 Per Person - Reservation Required by Monday, March 18

To make a reservation, mail in the form on the reverse side to Congregation Shaare Emeth or call the Congregation at 314-569-0010.

Need a Ride? We offer complimentary cab service! Reserve a cab when making your lunch reservation.

This program is made possible through a grant from the Nathan Kahn-Ernestine Kahn-Charles Kahn Foundation of Congregation Temple Israel and by the Women's Auxiliary Foundation for Jewish Aged.

Make Reservations for the March 25, 2019 Seniors Lunch

Reservations Required by Monday, March 18

Select one entree & one pasta, or the gluten-free option

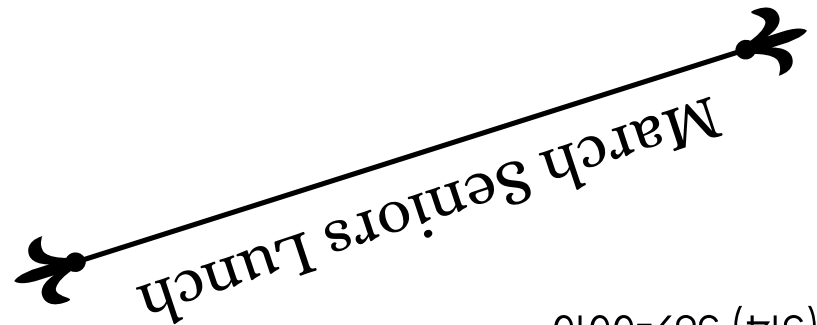
Name	Phone	Chicken	Eggplant	Tomato Pasta	Alfredo Pasta	Gluten-Free

Attending: _____ x \$10 each = \$ _____ cash enclosed check enclosed pay at door

Advanced reservations are required for all attendees. Please send reservations to Congregation Shaare Emeth, Attn: Senior Programs, 11645 Ladue Rd., St. Louis, MO 63141. **ADVANCE and AT- THE-DOOR**

PAYMENT OPTIONS: Credit card, cash or checks (payable to "Congregation Shaare Emeth").

For questions or to register by phone, please call Shaare Emeth at 314-569-0010.



Senior Programming
11645 Ladue Road
St. Louis, MO 63141
(314) 569-0010

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Chair Exercise Class with Joyce Hochberg

March 11 & April 8 at 2:30 p.m. at United Hebrew

Join us for an exciting and fun 50-minute movement class with Joyce Hochberg, who will lead an EASY and safe chair exercise routine to upbeat music. Chair exercises will include arm movements, marching in place and relaxing stretching. No experience is necessary, just come in comfortable, easy moving clothes and closed-toe shoes. There will be light snacks and refreshments following the exercise. As always, please check with your physician before exercising. You are strongly encouraged to bring one or two-pound free weights to increase resistance. RSVP to Angie at 314-434-3404.

